

# Social Prescribing

Ready to take the first step towards a happier and healthier you? Speak to your GP practice today!



The Social Prescribing team work closely with GP practices to support their patients with their non-medical needs. Social Prescribing can help with:

Lifestyle

Family & Friends

Money

Managing symptoms

Looking after yourself

Work, volunteering & other activities

Feeling positive

Where you live



**Alliance**  
homes

